

# RESOLUTION

*Resolutions for consideration at the 2019 Annual Meeting must be received at the Central Office by 15 February, 2019.*



## International Star Class Yacht Racing Association

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### SUBMITTED BY:

Fleet Name: Dave Watt \_\_\_\_\_

Fleet Officer Signature: Dave Watt / Puget Sound Fleet Captain \_\_\_\_\_ Date: January 7, 2019 \_\_\_\_\_

E-mail Address dd2watt@msn.com \_\_\_\_\_

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### PURPOSE:

Amend

Replace

RULE: Star Class Rule 31.1.3 Team Weight \_\_\_\_\_ as follows:  
(number and title)

OR

SPECIFICATION \_\_\_\_\_ as follows:  
(number and title)

### PROPOSED TEXT:

#### Team Weight Reduction Proposal

To increase the Star's competitive accessibility to larger portion of the sailing population, while respecting its current active membership and heritage, this proposal provides a moderate approximate 10% team weight reduction with the modified Team Weight formula shown below:

#### Proposed Team Weight Formula:

$C = (((90-S)/1.5)+90)$  in kg., where:

S = Skipper's Weight

C = Crew's Weight

Under this proposal, a skipper in the 50<sup>th</sup> percentile with a weight of approx. 86 kg (189 lbs.), would be able to compete with a crew in the 63<sup>rd</sup> percentile who weighs approximately 93 kg (204.6 lbs.) – thus increasing the population who could compete in the Star Class by 24% with similar increases in the sailors' health. To not loose current Class members with this change, this proposed team weight reduction would be implemented in incremental steps during a three year period to enable team weight reductions to occur gradually as follows:

#### First Year After Implementation:

$C = (((96.7-S)/1.5)+96.7)$  in kg., where:

S = Skipper's Weight

C = Crew's Weight

#### Second Year After Implementation:

$C = (((93.3-S)/1.5)+93.3)$  in kg., where:

S = Skipper's Weight

C = Crew's Weight

**Third Year After Implementation:**

$C = (((90-S)/1.5)+90)$  in kg., where:

S = Skipper’s Weight

C = Crew’s Weight

**Summary**

To increase the Star Class’s appeal to a larger number of people in the sailing population, and to encourage healthy life choices for the Class’s sailors, a reduced team weight formula has been proposed which would allow approximately 24% more of the sailing population to experience the incredible comradery and tactical racing the Star Class offers.

**REASON:**

This proposal’s purpose is to increase the percentage of the sailing population who could compete competitively in the Star Class – *thereby making the Class accessible to more people - and doing so with healthier body weights!* The impetus in seeking this change has come from discussions with lifelong Pacific Northwest based sailors whom we have tried to recruit into the Puget Sound Star Fleet, but who have rejected our overtures due to their not wanting to deal with the difficulty of trying to find a very large and athletic crew – who may paradoxically have health risk factors. Their thoughts about the difficulty in finding competitive crews have been confirmed by data presented in “**Anthropometric Reference Data for Children and Adults: United States, 2011 – 2014...**”, Page 9, Table 5. **Weight in kilograms for males aged 20 and over...**” For example, under the current **Star Class Rule 31.1.3 Team Weight** formula, a skipper in the 50<sup>th</sup> percentile with a weight of approx. 86 kg (189 lbs.), would need to compete with a crew in the 87<sup>th</sup> percentile who weighs over 109 kg (240.5 lbs.) – thereby limiting an average weight skipper to being able to compete with a crew who weighs near the upper 13% of the total population. Adding the crew position’s athletic requirements onto the competitive weight requirements reduces the available population further, and significantly below 13% of the population. As a consequence, the Team Weight Rule’s current formulae makes it extremely difficult to create competitive teams, and results in less participation in the Star Class than we’d like to see.

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Date Received: \_\_\_\_\_